



CURRICULUM OVERVIEW: EARLY CHILDHOOD

PLAY	MOVEMENT	LANGUAGE	ARTS	PURPOSEFUL WORK	SOCIAL	MUSIC	ENVIRONMENT
Developing imagination. Creating and exploring.	Circle activities Finger games Handclapping Swinging Fine and gross motor skill work Pre-numeracy skills	Nursery rhymes Poetry Story Pre-literacy work Oral work	Wet on wet painting Beeswax modeling Drawing Finger knitting Sewing Imaginative constructions	Cooking Cleaning Washing Setting the table Sweeping the floor Gardening Watering plants Tidying Personal care & hygiene	Sharing Negotiating Decision making Developing Resiliency	Traditional songs Circle and seasonal songs Lyre	Respect and care for each other, For the natural world, for physical property.

Meadowbrook Waldorf School’s Early Childhood is a play-based program following daily, weekly, and seasonal rhythms. The program lays the foundation for later cognitive capacities through healthy development of the physical body and through supporting the child’s social and emotional well-being. Adult activities stimulate direct responses in the young child and teachers carry out their daily tasks in such a way as to be worthy of imitation. Special attention is given to supporting first grade readiness in the 6-7-year-old child based on an understanding of the Waldorf curriculum.

Foundational skills developed in Early Childhood include self-care, self-regulation, age appropriate fine and gross motor skills, the ability to imitate, the ability to listen and follow directions, the ability to immerse in imaginative play, the ability to participate in independent and group activities. The program seeks to cultivate a sense of joy and wonder in the young child.

There is a strong emphasis on parent collaboration and enrichment. Parents are continually provided with opportunities to deepen their understanding of Waldorf education and child development, and a partnership between teachers and parents is fostered.